

EPA CONSULTATION LIAISON PSYCHIATRY AND PSYCHOSOMATICS SECTION REPORT 2022

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Diogo TELLES-CORREIA

Co-chairperson: Dr. Dan GEORGESCU

Secretary: Dr. Giorgio MATTEI

LIST OF SECTION MEMBERS:

| | | | |
|---------------------|--------------------|-------------------|--------------------|
| Kollarova PATRICIE; | KOROSTIY; | RANTIS; | Aram |
| Sladjana ONRUST; | Ozge KILIC; | Manuel TRACHSEL; | MAMIKONYAN; |
| Jona LEWIN; | Silvia FERRARI; | Amro SOLIMAN; | Fabian KRAXNER; |
| Gilbert LEMMENS; | Maria Luisa | Luis ALAMEDA; | Virginio SALVI; |
| Adriana MIHAL; | FIGUEIRA; | Mihai-viorel | Damla YILDIRIM; |
| Diogo TELLES- | Virgil Radu | ZAMFIR; | Ceren MERIC |
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| Andreja VUCHKOV; | Defne ERASLAN; | Richard SYKES; | Galyna OSADCHA; |
| Farzaneh | Dan GEORGESCU; | Patrick PASI; | Marilena-petruta |
| SAEEDZADEH | Haque MD. | Ivan KOYCHEV; | MAIDAN; |
| SARDAHAEE; | RASHIDUL; | Yugesh RAI; | Fergus MURPHY; |
| Joanna | Marcin KASZUBA; | Pritam CHANDAK; | Kateryna |
| RYMASZEWSKA; | Lucian - Ioan POP; | Jacopo | CHAIKOVSKA; |
| Agnieszka | Sameer KULKARNI; | SANTAMBROGIO; | Sumeet SINGH; |
| BUTWICKA; | Graeme TOSH; | Raluca STICLOSU; | Raul Alberto |
| Albert | María Isabel | Elena Daniela | CORTES LADINO; |
| DIEFENBACHER; | VÁSQUEZ-SUYO; | BUHAŞ RAMOCEA; | Yang PACHANKIS; |
| Antonio José | Giorgio MATTEI; | Kaisa LUOTO; | Herta AGAJ; |
| BARBOSA; | Anthony SOARES; | Andriy V. | Irene PINUCCI; |
| Julian Neil | Marisa CASANOVA | SAMOKHVALOV; | Thinzar PHYO; |
| BEEZHOLD; | DIAS; | Myrna BOBET; | Eleni JELASTOPOLU; |
| Krzysztof KRYSTA; | Orkhan FARAJLI; | Shahzain HASAN; | Guje REIMER; |
| Volodymyr | Konstantinos | Joshua RODRIGUEZ; | |

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 12/09/22

Venue: Online Meeting due to the CoViD-19 emergency

ACTIVITIES OF THE SECTION IN 2022:

Meetings/events

Meeting concerning the two Section Projects on the Covid pandemic

Description:

From: Giorgio Mattei

Date: Sun, Mar 27, 2022 at 8:39 PM

Subject: CLP Section Projects: information and deadline

To: Silvia Ferrari , , Krzysztof Krysta , Vladimir Korostiy , Gilbert Lemmens , Giorgio Mattei , , Jacopo Santambrogio , diogo telles

Dear All,

On 21 Monday 2022 we had a meeting to discuss the state of the two projects of our section.

Here is some information:

1) as far as the first project is concerned (focused on CL psychiatrists), the sample size is: 20 participants in Italy, 20 in Poland, 21 in Portugal and 10 in Croatia: all in all, 71. There is still time for the enrolment of other participants in other countries. Please consider that during the meeting we agreed that the DEADLINE for this study will be 20 April 2022.

2) as far as the second project is concerned (focused on physicians working in non-Covid wards) the sample size is 10 in Croatia and 10 in Portugal. We need to enlarge the sample size, with respect to the number of participants as well as of countries involved. For this study, the agreed DEADLINE will be 30 April 2022.

Please note that data received after the two deadlines will not be included in the studies that will be presented during the 2022 EPA in Budapest.

Here is the link to the next meeting, that is schedule on Monday 2 May 2022 at 2:15 CEST:

meet.google.com/zdx-fogb-asx

In the next few days I will send you the Excel sheet for data collection with instructions.

Cheers,

Giorgio

Location: online meeting

Start date: 21/03/2022

End date: 21/03/2022

Section Elections

Description:

On Monday 12 September 2022 we had an online meeting to renew section chair, co-chair and secretary, and to discuss the state of the two projects of our section.

All presents voted for another three-year term of the current head of the section, which is made up of Prof. Diogo Telles-Correia (Chair), Prof. Dan Georgescu (Co-chair) and Dr. Giorgio Mattei (Secretary).

With respect to the two projects, it was proposed to give priority to the one concerning consultation-liaison psychiatry, in order to submit to European Psychiatry as soon as possible.

Location: online meeting

Start date: 12/09/2022

End date: 12/09/2022

Presentation

Description:

Presentation given by Krzysztof Krysta (Poland, Section Member) during EPA Congress 2022

LIVE - Workshop 01: Hot Topics of Delivering Care: An Update from EPA Scientific Sections

"Impact of the COVID-19 Pandemic on General Hospital Physicians Work and Mental Health: An International Cross-Sectional Study"

Location: EPA online congress

Start date: 05/06/2022

End date: 05/06/2022

Joint Symposium during EPA Congress 2022

Description:

Organization of the joint symposium with the EPA Neuroimaging Section:

(80) Long- and short-term post covid neuropsychiatric disorders: from clinics to imaging

Chairs:

Diogo Telles Correia, Portugal Marcella Bellani, Italy Speakers:

Delirium and Covid-19": from symptomatology to laboratorial and neuroimaging findings

Diogo Telles Correia, Portugal

Social isolation and its brain correlations: from symptomatology to neuroimaging findings

Marcella Bellani, Italy

Pre-existing and new-onset cognitive impairment in patients with covid-19 Krzysztof Krysta, Poland

Evolution of pre-existing and new onset depression and anxiety disorders after covid 19 infection: from symptomatology to neuroimaging

Paolo Brambilla, Italy

Location: Online EPA Congress

Start date: 01/06/2022

End date: 05/07/2022

FUTURE ACTIVITIES:

Meetings/events

Paper submission

Description:

Submission of a paper by the EPA CLP Section, containing results from a research carried out in six European Countries:

Impact of the CoViD-19 pandemic on consultation-liaison activity: changes in everyday clinical practice and work-related factors associated with the psychiatrist's need for seeking help.

Introduction and aim are below:

Introduction

On 11 March 2020, the World Health Organization (WHO) declared the novel Corona Virus-19 Disease (CoViD-19) a pandemic, the virus being present in 160 nations and in all continents (WHO, 2020). Since then, the world has been experiencing an unprecedented public health crisis, with consequences not only for physical health but also for the mental health of the population. A particularly vulnerable group is health care professionals. From the very beginning, concerns arose with respect to the health outcomes of the pandemic on professionals working in health care facilities (Torales et al., 2000).

The CoViD-19 epidemic started in the last months of 2019 in China. The WHO Chinese Office informed the WHO of the first case of pneumonia of unknown origin in Wuhan on 31 December 2019. Following this, the WHO informed the world on 9 January 2020. The cause of this new type of pneumonia was soon recognized in a novel virus initially named 2019-nCoV, then called Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), which causes the Corona Virus Disease (CoViD or CoViD-19, from the year of the discovery, 2019) (WHO, January 2020; Xiang et al., 2020; Zhu et al., 2020).

SARS-CoV-2 is the seventh known virus belonging to the family of coronavirus (Zhu et al., 2020). The latter are RNA viruses that generally cause infections to the upper respiratory tract, e.g. cold. Though CoViD may be featured by fever, cough, pulmonary involvement, the majority of cases seems asymptomatic. In the first cases identified in China, mean incubation time was 5 days (IC95%: 4-7 days), with the 95° percentile equal to 12.5 days (The Lancet, 2020).

Italy has been the first democracy and the first European study to face the epidemic. The first case was

reported on 21 February 2020 (Mutti, 2020). In the following weeks, the virus quickly spread throughout the other European Member States. In all countries, the CoViD-19 epidemic led to a condition of uncertainty, fostered by the fear to be infected as well as to infect other people. Moreover, the epidemic has pointed out the co-existence of medieval strategies implemented to contain the contagion (eg., quarantine and lockdown) together with ultra-technological systems (e.g. intensive care units, the ability of developing vaccine in a very short time, etc.; Moscara et al., 2020).

The present study aims to describe the activity of Consultation-Liaison Psychiatry (CLP) Services throughout Europe during the SARS-CoV-2 pandemic. CLP (also known as psychiatry of the medically ill, liaison psychiatry, or psychosomatics) is a sub-specialty of psychiatry dealing with the interface between somatic and psychological disciplines. It is framed within the bio-psychosocial paradigm, which aims to a holistic approach to illness, rather than to a biomedical one (Engels, 1977; Diefenbacher & Burian, 2015; Ferrari et al., 2016). To the best of our knowledge, no similar studies have been carried out in this field. Yet, research pointed out that delirium, one of the main reasons for psychiatric referral within general hospitals, frequently occurs among people affected by CoViD-19, even when respiratory symptoms are not present (Baller et al., 2020). Also, pharmacological issues may stem out when people who receive psychopharmacological treatments are hospitalized due to CoViD-19. Finally, it is important to recognize early signs and symptoms of psychiatric disorders (e.g. depression or post-traumatic stress disorder) among patients hospitalized due to CoViD-19 who develop psychopathological impairments during hospital stay.

This study was carried out within the European Psychiatric Association Section (EPA) on Consultation-Liaison Psychiatry and Psychosomatics (CLPP), established in 2007 with the aim of representing a meeting point for all European psychiatrists working in this field. The Section promotes training and research initiatives throughout Europe, has promoted symposia and seminars during the EPA annual Congresses as well as during other training initiatives in several European countries. On 31 December 2022, the Section was made up of fifty psychiatrists, from the following Countries: Armenia, Australia, Azerbaijan, Bangladesh, Belgium, Bosnia and Herzegovina, Canada, Croatia, Egypt, Finland, Greece, India, Ireland, Italy, Pakistan, Norway, Peru, Poland, Portugal, Romania, South Africa, Sweden, Switzerland, Turkey, Ukraine, United Kingdom, United States.

Aim

Aim of this study was to assess the activity of psychiatrists working in the field of CLP throughout Europe during the CoViD-19 pandemic, and to identify specific work features associated with distress, as perceived by the professional.

Location: Publication

Start date: 01/01/2023

End date: 31/01/2023

Revisiting Critical Issues in Psychiatric Diagnosis

Description:

Faculty: Michael First, Kenneth Fulford, John Sadler, Giovanni Stanghellini

Location: Lisbon

Start date: 01/07/2023

End date: 01/07/2023

FUNDING IN 2022

Income: None

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